

## MISSION STATEMENT

The mission of Middlesex Human Service Agency, Inc. (MHSA) is to improve the quality of life and independent functioning of a wide variety of clients through the delivery of an extensive system of community based substance abuse and social service programs.

Although our programs are many and varied, they all emphasize dignity, respect and empowerment. We believe in teaching individuals and families the skills and problem solving abilities needed for self-sufficiency.

We pride ourselves on our ability to work with a wide variety of clients. The clients we serve are often the most disenfranchised members of their communities, possessing a wide array of problems including homelessness, substance abuse, mental health issues, legal difficulties and lack of educational and vocational skills.

MHSA also values our employees, interns and volunteers, and is supportive of their needs. In order to provide the highest quality services to our clients and foster staff development and growth, MHSA is committed to excellent staff training and education.

MHSA believes that it has a responsibility to Waltham and the surrounding communities and works with local government, educational, civic, religious and other professional agencies to improve and maintain client resources in the community.

## MHSA Funding

Our programs are funded in part by federal, state and municipal moneys. The remainder of the operational and program costs are funded by donations from civic, ecclesiastic, corporate and individual donors.

## MHSA Programs

Middlesex Human Service Agency, Inc. is a Waltham-based agency, serving the greater Boston area. MHSA, Inc. offers a wide variety of housing, homeless shelters, and educational and substance abuse treatment programs including:

*Middlesex DUI Program*  
Driving Under the Influence of Liquor Program

*Residential Recovery Homes*  
Answer House  
Sullivan House

*Bristol Lodge Programs*  
Men's Homeless Shelter  
Women's Homeless Shelter  
Bristol Housing Services  
Bristol Lodge Kitchen  
Mary's House Family Shelter  
Sandra's Lodge Family Shelter  
Hestia House Family Shelter  
Olivia's Place Family Shelter  
Warren Hall Overflow Shelter

Purchasing & Foodservice Department  
(781) 899-2099

Donation Department  
(781) 894-1611

For more information call our administration office at (781) 894-6110.

G. Peter Donovan  
*Chief Executive Officer*

Doris C. Medeiros  
*Chief Financial Officer*

Laurie E. Lindstrom  
*Chief Operating Officer*

Visit us on the web!  
[www.mhsainc.org](http://www.mhsainc.org)

# ANSWER HOUSE

*"We pick up the tools offered us, put them to work and we never again have to know the shame of yesterday or the fear of tomorrow. Finally, we are living in today, the first day of the rest of our lives."*

*A division of:*

*Middlesex Human Service Agency, Inc.*

# ANSWER HOUSE

5 G. Street

South Boston, MA 02127

(617) 268-7124 fax (617) 268-5572

Located in South Boston, Answer House is a residential recovery home funded in part and licensed by the Massachusetts Department of Public Health, Bureau of Substance Abuse Services. Answer House is also a participant in the Individual Care Management Program of Blue Cross/Blue Shield of Massachusetts.

Although the Department of Public Health, Bureau of Substance Abuse Service, is our main funding provider, Answer House still relies heavily on private donations to supplement our program and provide the very highest quality services and care for our residents.

Answer House is a 501c(3) non-profit and therefore all donations are tax deductible.

The Answer House is a residential treatment facility providing an intensive substance abuse program for adult males. The program enables residents to help themselves maintain sobriety while renewing their careers and responsibilities to their families and to society. Our dedicated staff work as a team to coordinate an aggressive treatment process designed to free residents of their mental obsession, crippling alcoholism and drug dependency.

Answer House residents learn that there is no shame associated with alcoholism and drug addiction. The challenge arises from one's own knowledge of the disease and then the task of doing something about it. Our residents learn that they can and will be able to enter a program of recovery providing they are willing to turn their lives over to a Higher Power of their own understanding. They must be willing to commit to a program that requires honest self appraisal and responsibility. Empowerment is about making good decisions and accepting responsibility for the consequences of one's own actions.

Relapse prevention strategies and sober living skills are the cornerstones of building new lives for Answer House residents.

An empowered person is one who has put forth the effort to find his or her truth and create a life vision around it. One who strives to live this vision with consistency, one day at a time.

Established in 1978, The Answer House has grown to accommodate 25 residents at our South Boston location. As our program has evolved, so too has our treatment options and services that we provide. Answer House continually strives to improve the quality of care that we provide to the culturally diverse, poly-addicted population that we so proudly serve.

The clinicians, counselors and support staff at Answer House, in addition to their individual roles, serve as role models for our newly recovering addicts/alcoholics. Our staff has the training, skill and expertise to provide appropriate and caring treatment for the indigent, previously incarcerated and traumatized populations.

## **A STRUCTURED ENVIRONMENT**

Answer House has become one of the leading substance abuse, residential recovery homes in Massachusetts. Our multi-faceted approach to rehabilitation is a four-six month rigorous model that includes, but is not limited to:

- **Group Counseling**
- **Didactic Seminars**
- **Self-Awareness Groups**
- **12 Step Self Help Programs**
- **Community Links/Networking**

*"Rarely have we seen a person fail who has thoroughly followed our path" . . . .*